

Thursday 10th September 2019

To learn about the Maya game of pok-a-tok



Pok-a-tok was a ball game that the Maya played in 2000 BCE. To win pok-a-tok you had to get a rubber ball through a hoop using only their heads, shoulders, elbows, wrists and hips. In pok-a-tok you had to use paddings called yokes to stop them being hurt from the rubber ball. They used paddings because during pok-a-tok they hit a solid rubber ball (the size of a baseball) so hard that it would hurt. The reason

Pok-a-tok is so hard the hoop could be 20 feet ~~high~~^{height} in the air that it took a long time. ~~If~~ when a team loses that team gets sacrificed to the gods.

I (G) Well done Logan. You have obviously learned about the game and worked hard!

