

Monday 11 December



To learn about one maya game of Pok-a-tok



Pok-a-Tok was a ball game played and invented by the Maya people. Pok-a-tok is thought to be the Mayas most famous game. The game is usually played in teams of 2-6. Pok-a-tok was invented in 2000 BC. The objective of the game was to score a goal in the stone hoop in the wall and win the game. One of the worst parts of the game was that you could only use particular parts of your body. Your head, shoulders, hips, elbows and wrists. To protect those parts of their bodies whilst playing the game, they wore a protective padding called yokes. These were

essential because they played with a hard ball made out of cow-urine bones, this ball was amazingly nearly the same size as a basket ball.

Scoring in Pok-a-Tok was so difficult because you could only use certain body parts to play.

A game of pok-a-tok usually either lasted for a long time or sometimes they only lasted for until a team

because scoring was so hard! The captain of the losing team even sometimes the whole team) of the losing team

would be sacrificed to the gods!

I @ An excellent informative piece!

LA:

Thank you!

host

